

A Reflection on this Lenten Fast of Eucharist

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April 2, 2020

This time of not being able to share the Eucharist has made me aware of how it is that each time we share Mass and the Eucharist is a new experience. It's new because **I am there**, or another is there. It's unique - even though our liturgy is ancient and celebrated over and over. It becomes new because, each time, my presence - I - **make it new** as we celebrate the Body and Blood of Christ, and my faith is renewed each time. This Lenten Fast of Eucharist has made me more deeply aware of the present, of each moment, and how, when can share again together in the Body and Blood Christ, it will be an especially joyful Easter as He is Risen, and we Rise with Him.

Amen.

Blessings,

Barbara Fornoff