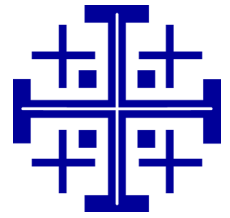




Immanuel Church-on-the-Hill
Episcopal/Anglican
Alexandria, Virginia



THE FOURTH SUNDAY IN LENT

March 10, 2024

Holy Eucharist, Rite I, 8:00 a.m.

Page numbers refer to [The Book of Common Prayer](#).

THE WORD OF GOD

Opening Acclamation

p. 323

Celebrant: Bless the Lord who forgiveth all our sins;
People: *His mercy endureth for ever.*

The Collect for Purity

p. 323

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. *Amen.*

Kyrie

p. 324

Lord, have mercy upon us. Kyrie eleison.
Christ, have mercy upon us. or *Christe eleison.*
Lord, have mercy upon us. Kyrie eleison.

The Collect of the Day

The Celebrant says to the people

The Lord be with you.
People: *And with thy spirit.*
Celebrant: Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

The First Lesson: Numbers 21:4-9

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. And the Lord said to

Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

The Word of the Lord

Response: *Thanks be to God.*

Psalm 107:1-3, 17-22 *Confitemini Domino*

- 1 Give thanks to the Lord, for he is good, *
and his mercy endures for ever.
- 2 Let all those whom the Lord has redeemed proclaim *
that he redeemed them from the hand of the foe.
- 3 He gathered them out of the lands; *
from the east and from the west,
from the north and from the south.
- 17 Some were fools and took to rebellious ways; *
they were afflicted because of their sins.
- 18 They abhorred all manner of food *
and drew near to death's door.
- 19 Then they cried to the Lord in their trouble, *
and he delivered them from their distress.
- 20 He sent forth his word and healed them *
and saved them from the grave.
- 21 Let them give thanks to the Lord for his mercy *
and the wonders he does for his children.
- 22 Let them offer a sacrifice of thanksgiving *
and tell of his acts with shouts of joy.

The Epistle: Ephesians 2:1-10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ -- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

The word of the Lord

Response: *Thanks be to God.*

The Holy Gospel: John 3:14-21

The Holy Gospel of our Lord Jesus Christ, according to John

Response: *Glory be to thee, O Lord.*

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of the Lord

Response: *Praise be to thee, O Christ.*

The Sermon: Mr. Reggie Hayes, Postulant Intern

The Nicene Creed

*We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,*

*true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.*

The Prayers of the People

Confession of Sin and Absolution

p. 331

*Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.*

The Peace

Celebrant: The peace of the Lord be always with you.
People: *And with thy spirit.*

Welcome and Announcements

THE HOLY COMMUNION

The Offertory

Clergy: All things come of thee, O Lord; *and of thine own, have we given thee.* p. 343

The Great Thanksgiving: Eucharistic Prayer II

p. 340

Celebrant: The Lord be with you.
People: *And with thy spirit.*
Celebrant: Lift up your hearts.
People: *We lift them up unto the Lord.*
Celebrant: Let us give thanks to the Lord our God.
People: *It is meet and right so to do.*

Sanctus and Benedictus

p. 334

*Celebrant Holy, holy, holy, Lord God of Hosts:
and Heaven and earth are full of thy Glory.
People: Glory be to thee, O Lord Most High.*

Here may be added

*Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.*

The Lord's Prayer

p. 336

THE BREAKING OF THE BREAD

Celebrant: Christ our Passover is sacrificed for us
People: *Therefore let us keep the feast.*

O Lamb of God, that takest away the sins of the world, *have mercy upon us.*
O Lamb of God, that takest away the sins of the world, *have mercy upon us.*
O Lamb of God, that takest away the sins of the world, *grant us thy peace.*

Celebrant: The Gifts of God, for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*If you are physically unable to come to the Altar, please let an usher know
that you would like to have Communion brought to you.*

Post Communion Prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

The Dismissal

Clergy: Go in peace to love and serve the Lord.

People: *Thanks be to God.*

SERVING AT THIS EUCHARIST:

Reader/Intercessor: Rosi Urbine

Altar Guild: Diana Walker

Usher: Pierre Shostal

Coffee Hour Host: Adrienne Goins

Vestry Greeter/ Counter: Brian Rush

Celebrant: The Rev. J. Randolph Alexander

EASTER DEDICATIONS 2024



As Easter approaches, you are invited to dedicate Easter flowers or music for the Easter services. If you wish to remember a dearly departed loved one, or make a donation in thanksgiving for God's many blessings, please complete and send this form along with your check to the Parish Office or place it in the alms basin. We will print names in the Easter bulletins for all dedications received no later than noon on **Monday, March 25th**. Please print all names very clearly, or email to DEDICATIONS@ICOH.NET.

To make your dedications online, scan the QR code below — and check the “**I Paid Online**” box, or visit our website and click on “[Easter Flower and Music Dedications](#)” selection from the “GIVE” menu at the top right of the page; then click the green button. Any amount is welcome and appreciated.



EASTER FLOWERS: \$ _____

Given by: _____

Phone Number: () _____

In Thanksgiving for: _____

In Memory of: _____



EASTER MUSIC: \$ _____

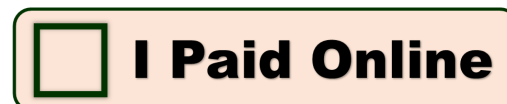
Given by: _____

Phone Number: () _____

In Thanksgiving for: _____

In Memory of: _____

Immanuel Church-on-the-Hill
3606 Seminary Road
Alexandria, VA 22304-5200
www.Immanuel-on-the-Hill.org
DEDICATIONS@ICOH.NET



Scan to Pay Online

IMMANUEL CHURCH-ON-THE-HILL

Parish Notes

March 10, 2024

IN THE NAME OF CHRIST we welcome you to Immanuel Church-on-the-Hill!

Immanuel is an Episcopal Church in the Diocese of Virginia, and is part of the world-wide Anglican Communion. Immanuel was founded by the Virginia Theological Seminary. We are one parish that worships in two locations: the Zabriskie Chapel (3606 Seminary Road), and Immanuel Chapel (3737 Seminary Road) on the seminary grounds. Both chapels offer a fully-staffed nursery for our infant and toddler parishioners.

Visitors are encouraged to fill out a visitor card — located in the pews or display stands at the entrances of the chapels. Give your card to an usher or place in the collection plate. Thank you.

For the latest information on our online worship service and to view a video of our most recent service, please visit our website (www.icoh.net).

PRAY FOR PARISHIONERS: Natalie Doyle Hennin, Rollin Huntington, Marianne Ingold, Johnson/Gildersleeve Family, Joseph, Kenny, Ann MacNamara, Cynthia Morton, Linda and Cy Murphy, Tony and Patsy Rogers, Catherine Sinclair, John Smucker, Norma Taliaferro, Francine Wargo, Zuzanna and Spencer Wise.

PRAY FOR OUR FRIENDS AND FAMILY: Jack Allen, Kathryn Anschutz, Dave and Betsy Fox Berry, Peter Blackledge, Jean Couban, Steve Davis, Dana DeCecco, Joseph Fabian, Gerald, Linda Gill, Betty Harris, Betty Hicks, Louise Jackson, Peter and Joanne, Tom Kellner, Charlotte Kellogg, Joseph and Elaine Kelly, Winnie Kidd, Lillian Kozuma, Ann Langdon-Days, Lysbeth, Marge McGoff, Joe Miceli, Michael, Stephen Miller, McQuade Milligan, Mary Muniz, Carol Ording, Shelby Ochs Owen, Pamela, Paul, Lilly Pinner, Sarah Pollach, Jennie Rae, Sue Rehnke, Roger, Bridget Rice Rose, Shawn Rush, George Rustigian, Brother Efrain Sosu, Fred Vipperman, Mark Vipperman, Rosemary Wensing, Jean Williams, Ryan Willis, and Richard Zitelli.

Pray for those who are celebrating birthdays this week: Carson Clark Arp, Cecile Phillips, Hayden Arp, Kathy Conrad, Katja Shimkin, Thomas Cuddy, Carole Phillips, Sanjiv Augustine, Michelle Cook, Lily Hunt, Matt Haskin, Tony Rogers, Arthur Dawkins, and Rob Johnson.

Serving around the world: Noah Barker, Ian Phillips, Todd Bates, Jason Osborne, Michael Hussey, and Jonathan, Nicole, Alina and Nolan Anderson, and Scott.

Those who have died: Lynn Ramsey, cousin of Kathy Lloyd and David Stayanoff, and Lynn's husband Travis Ramsey. *Rest eternal grant to them, O Lord, and let light perpetual shine upon them.*

A Living Relationship with God: Praying Day by Day

A Lenten Series

FINAL Lenten Forum Hour TODAY, 11:45 a.m., The Welcome Center
St. Benedict and his Rule (and prayer within it)
led by **The Rev. The Rev. Dr. Katherine Sonderegger**

How might the wisdom and approach to prayer of St. Benedict help us today?



An Invitation to Silent Prayer: On March 13th and 20th, the Parish and the Seminary will jointly offer an opportunity to discover the practice of silent prayer, on Wednesday evenings from 5:15- 6:00p.m. in the Oratory, Immanuel Chapel. All are welcome to participate.

Announcements

WEEKDAY WORSHIP AND STUDY OPPORTUNITIES

Morning Prayer, Tuesday March 12th, Zabriskie Chapel

Noonday Holy Eucharist Rite II, Wednesday, March 13th, Zabriskie Chapel

Bible Study “*The Gospel of Matthew: Book of the Messiah*”, Thursday, March 14th @10:30 a.m. online via Zoom. Look for login details in your weekly eBlast email.

Evening Compline, Friday, March 15th, 8:30 p.m., Online via Zoom

Immanuel's Children's Chapel meets each Sunday, 10:00 --10:25a.m, in the Oratory at Immanuel Chapel! (The Oratory is a small chapel on the other end of the hallway—opposite the parlor/coffee hour). Our Children's Chapel is a 25-minute service rich with prayer, Bible stories, music, and reflections to teach our children about God's love. All are welcome!

TODAY, 6-9:00 P.M, Zabriskie Parish Hall
Viewing and Discussion of

THE PHILADELPHIA ELEVEN

The Social Justice Ministry is sponsoring a viewing of the documentary film "The Philadelphia Eleven" from 6-9:00 p.m., in the Parish Hall. The documentary tells the story of the group of women and their supporters who organized their ordination to become the first women ordained Episcopal priests in 1974. More about the film is available here: <https://www.philadelphiaelevenfilm.com/>.

After the film, we will have a short program, which is being organized with the help of Deacon Lo Selles. Donations from attendees will help to offset the cost to the parish to show the film on site. Any questions, please contact Kathryn Jackson Haskin at kathryn.jackson41@gmail.com.

MONTHLY SATURDAY BREAKFAST BIBLE STUDY *This Saturday, MARCH 16th, 8:00 AM* Held **Online via Zoom:** Join Immanuel’s monthly Saturday morning Breakfast Bible Study on Saturday, March 16th online via Zoom (find this bulletin on our website under the “Worship” tab, then click on the link below) beginning at 8 AM. Our new theme for 2024 is *Anxiety!* This month we will read **Hebrews 13:5b–9** *God himself has said: I shall not fail you or desert you...*” using the African Model of Reflection. For more information, please visit [our webpage “Breakfast Bible Study”](#), or contact Chrissie Crosby at cmcfaddencrosby@gmail.com.

[Join Zoom Saturday Breakfast Bible Study Meeting](#) / Meeting ID: 959 5450 6553 /Passcode: 027913

Our EYC (Episcopal Youth Community-Grades 7-12) meets every 1st and 3rd Sunday of the month, 5:30-7:00 p.m. in the Zabriskie Parish Hall.

Questions? Contact Rev. Sarah directly at sspurlockbiggs@icoh.net.

NEXT SUNDAY: Parish Potluck and Candy Drive!

Mark your calendars for an all-parish potluck dinner



When? **March 17th 5:30-7:00 p.m.**
Where? **Zabriskie Parish Hall**



Bring individually-wrapped candy to stuff eggs for our annual Easter Egg Hunt and your favorite family dish to share!

*An egg stuffing happy hour for adults will follow—do plan to stay!



Join the Procession; Read the Passion March 24th

The Liturgy of the Palms, followed by The Sunday of the Passion with Holy Eucharist

As we look towards Holy Week, we encourage all to participate. Please review our [SignUp Genius button](#) on our website and sign-up —acolytes, crucifers, banner bearers, and readers for the Passion Reading are greatly needed for both the 8 and 10:30 a.m. Holy Eucharists.

If you plan to attend the later service, join us as we gather beforehand at the VTS post office building — the service starts at 10:30 a.m. — for our annual bagpiper-led procession with palms to the door of Immanuel Chapel (in case of rain, we'll process around the inside of the chapel).

SENIOR ADULT MINISTRY EVENTS

March 20: THIRD WEDNESDAY LUNCH AT GOODWIN HOUSE. Please join us for luncheon and conversation in the Fillmore Room at Goodwin House-Alexandria. We gather at noon on the third Wednesday of the month, which will be MARCH 20. Please RSVP to Rev. Susan if you are not a resident of Goodwin House and to Susan Kernan if you are a resident.

FOURTH TUESDAY BROWN BAG LUNCH CANCELLED: Given that the fourth Tuesday of this month falls on Holy Week, we have cancelled our brown bag lunch. See you next month, April 23rd at 12:15p.m. in the parish hall!

March 21: PRESSED FLOWER FRAME WORKSHOP. Please join us on **Thursday, March 21** from 1:00pm to 3:00pm in the Parish Hall to make glass window hangings with beautiful pressed flowers. You may hang them in your home, give them as hostess gifts for Easter, or leave them to decorate the Parish Hall during the Easter season. They are fun and easy to make, and this activity is free, but you must reserve a space to ensure that enough supplies are available. RSVP to [Karen Besser](#) NO LATER THAN FRIDAY MARCH 15.



EASY WAY TO SIGN UP: MARCH-APRIL

Sign up to Serve in our Sunday Services for March — through Lent and Easter — and April ONLINE via Our **Red SignUp Genius Button**

Sign-up to Serve on Sundays



Lay Ministry
SignUp Genius

Please sign up to serve as a Reader, Intercessor, Usher, Acolyte, Altar Guild, Crucifer and/or Chalice Bearer online via [SignUp Genius](#) for Immanuel by visiting the landing page of our website at www.ICOH.net and [clicking on the red button at left](#). **If you're a student — or planning Summer travel — feel free to sign-up for the Lenten season and Easter only.**

If you are a first-timer and need training, please contact Agnes at the office on **Wednesdays from 10:30 a.m. - 1:30 p.m.** (ext. #206), or via email at asoos@icoh.net. Finally, if you need training for a particular ministry, please send a request to Mother Susan at sparsons@icoh.net or indicate so in the comments box under your name on the online form. **THANK YOU — especially to all who have signed-up!**

INQUIRERS' CLASS FORMING: Have you never been Confirmed? Are you interested in being Received into the Episcopal Church? Might you want to re-affirm your faith in a public way? All of these will be possible as Immanuel has its Bishop's visitation on Sunday, April 28th. Our youth confirmation class has just begun, and we are now gathering adults who would be interested in learning more about living the Christian faith within the Anglican tradition. Please contact Fr. Randy directly if you are interested: ralexander@icoh.net or 703.370.6555 ext.#201

MAUNDY THURSDAY OVERNIGHT VIGIL SIGNUP

Immediately following the end of our Maundy Thursday Holy Eucharist with Choir, Foot Washing, and Stripping of the Altar, we will keep watch during our Overnight Prayer Vigil at the ALTAR OF REPOSE, The Oratory (*Side Chapel*) at Immanuel Chapel.

We hope to have every single slot filled this year. We ask that you please scan the barcode at right to sign up for one or several slots, or [find this bulletin online and click the purple text](#) above. Thank you and God be with you during your watch.



Overnight Vigil Signup



Lay Reader Training

Want to Become a Lay Reader? **Lector Training TODAY @ 11:45 a.m.**

We'll return to hosting brief Lector Training sessions each Sunday following the 10:30 a.m. Eucharist in Immanuel Chapel. The purpose is to enhance sound quality of the service and to make sure readers are comfortable, annunciate, and are prepared to serve. Those who have read before but want pointers on how to project their specific voice should feel free to join us. Send your questions and/or express your interest via email at tmartin@icoh.net, and Tamika Martin or Steven Denlinger will contact you directly. You can also sign up via the QR code at left.

CLERGY AND STAFF

The Rev. J. Randolph Alexander, Jr. (ralexander@icoh.net) Rector
 The Rev. Susan D. Parsons (sparsons@icoh.net) Associate Rector
 The Rev. Sarah Spurlock Biggs (sspurlockbiggs@icoh.net) Assistant Rector
 The Rev. Deacon Lo Selles (cselles@vts.edu) Seminarian
 Reggie Hayes (r.hayes9@me.com) Postulant Intern
 Daisy Colón (dcolon@vts.edu) Seminarian
 Dr. Jane Tavernier (jtavernier@icoh.net) Director of Music
 Tom Hewson (thewson@icoh.net) Treasurer
 Mollie Lambert (mlambert@icoh.net) Assistant Treasurer
 Aleta Y. Powell (apowell@icoh.net) Parish Administrator
 Tamika Martin (tmartin@icoh.net) Audio Visual Technician
 Gilma Balcarcel Nursery Coordinator
 Stuart Dahlinger Sexton

THE VESTRY

Gerry Anderson Senior Warden and Senior Ministry
 Amy Thomas Junior Warden: Building and Grounds, Creation Care
 Peter Kent Junior Warden: Administration
 Taylor Houck Adult Formation and Discipleship
 Brad Ashton and Phillip Brown Stewardship and Planned Giving
 Julie Bruns Outreach
 Kathy Lloyd Children Youth and Family Ministries
 Mark Fearer Social Justice and Pastoral Care
 Brian Rush Evangelism and Newcomers
 Matt Haskin Worship
 Phillip Brown Fellowship
 Sophie Johnson, Sydney Onley, David Stayanoff, and Isabelle Young-Smith Youth Representatives
 Caroline Bergmark Registrar and Communications

SCHEDULE OF SUNDAY WORSHIP SERVICES

8:00 a.m. Holy Eucharist Rite I, Zabriskie Chapel
 9:00 a.m. Holy Eucharist Rite II, Zabriskie Chapel
 3606 Seminary Road, Alexandria, VA

10:30 a.m. Holy Eucharist Rite II, Immanuel Chapel
 3737 Seminary Road, Alexandria, VA

Online

www.immanuel-on-the-hill.org
[Immanuel's YouTube channel](#)

PRIESTS ASSOCIATE

The Rev. Dr. Ruthanna Hooke
 The Rev. Jan A. Maas
 The Rev. John R. Smucker
 The Rev. Dr. Francis H. Wade

RECTOR EMERITA

The Rev. Dr. Margaret Ann (Sam) Faeth

MISSION STATEMENT: Immanuel Church-on-the-Hill is a Christian community in the Episcopal tradition, striving to be in relationship with God and each other as Christ has taught us, actively attempting to sense and to serve God’s plan with great love. We are guided by Mark 16:15: “Go ye into all the world and preach the gospel,” to learn, discern, and proclaim the Good News by being active ministers in the various communities where we live and serve.



Parish Office
 3606 Seminary Road, Alexandria, VA 22304
 Telephone: 703-370-6555, Fax: 703-370-0837
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